

PRE-BALLET (Fall)

Curriculum Mapping

Curriculum Elements	Month 1	Month 2	Month 3	Month 4
	September	October	November	December
Framework Understanding	Develop technical expertise, motor skills, and dance vocabulary.	Develop technical expertise, motor skills, and dance vocabulary.	Practice performance skills.	Convey meaning through ensemble performance.
Anchor Standards	Grow. 1	Grow. 1	Present. 5	Present. 6
Essential Skills	<ul style="list-style-type: none"> Develop a fundamental understanding of ballet technique, including arm and leg positioning Build an awareness of personal body to maintain proper alignment while dancing (i.e. a strong, straight torso, standing in turnout, pointing feet) 	<ul style="list-style-type: none"> Develop a fundamental understanding of ballet technique Build an awareness of personal body to maintain proper alignment while dancing Develop the balance and core strength necessary to balance on the flat foot and perform movements 	<ul style="list-style-type: none"> Expanding on Grow Standards Assess and replicate movement consistently Maintain a steady rhythm when counting music 	<ul style="list-style-type: none"> Expanding on Grow Standards Assess and replicate movement consistently Maintain a steady rhythm when counting music
Understanding (What do you want students to understand?)	- The importance of technique for proper alignment and body awareness	- How to strengthen the body for stage performances	- Individual's responsibility within an ensemble	- How to prepare and perform for an audience - The value of self-expression
Skills (What do you want students to be able to do?)	- demonstrate basic positions of the feet: first position, second position - demonstrate port de bras: bras bas, first position, second position	- demonstrate port de bras: bras bas, first position, second position, fifth position	- be clear with their positions and lines while learning and memorizing new choreography - understand how to count music and stay in-time with a group	- be clear with their positions and lines while learning and memorizing new choreography - understand how to count music and stay in-time with a group
Learning Activities (What will students practice in class?)	- practicing center exercises - exercises which travel across the floor	- practicing center exercises - traveling across the floor with new phrases	- putting phrases together - practicing miming techniques	- rehearsing learned choreographic material
Vocabulary (What shared vocabulary needs to be defined?)	- plié (demi-plié) - tendus + dégagés - piqué - en croix - sur la demi-pointe - retiré - arabesque - pas marché - battement - sautée - skips	- chassé - LEARNING: glissade - LEARNING: couru - all previous vocabulary	- all previous vocabulary + LEARNING: miming	- all previous vocabulary + miming
Materials (What will students need to do the work?)	Basic Class Level attire: pink transition tights, full sole pink leather ballet shoes, pink leotard, pink skirt (optional), high bun with pins and a hairnet.	Basic Class Level attire	Basic Class Level attire	Basic Class Level attire + Costumes for our December Show

PRE-BALLET (Fall)

Student Assessment Tool

Date	Students Understand	✓	Students Can	✓	Standard
Sept 2019	- The importance of technique for proper alignment and body awareness				Grow. 1
Sept 2019			- demonstrate basic positions of the feet: first and second position		Grow. 1
Sept 2019			- demonstrate port de bras: bras bas, first position, second position		Grow. 1
Oct-19	- How to strengthen the body for stage performances				Grow. 1
Oct-19			- demonstrate port de bras: bras bas, first, second, fifth position		Grow. 1
Nov-19	- Individual's responsibility within an ensemble				Present. 5
Nov-19			- be clear with their positions and lines while learning and memorizing new choreography		Present. 5
Dec-19	- How to prepare and perform for an audience				Present. 6
Dec-19	- The value of self-expression				Present. 6
Dec-19			- understand how to count music and stay in-time with a group		Present. 6

BALLET 3 (Fall)

Curriculum Mapping

	Curriculum Elements	Month 1 September	Month 2 October	Month 3 November	Month 4 December
	Framework Understanding	Develop technical expertise, motor skills, and dance vocabulary.	Understand and demonstrate the elements of dance.	Practice performance skills.	Convey meaning through ensemble performance.
	Anchor Standards	Grow. 1	Grow. 2	Present. 5	Present. 6
	Essential Skills	<ul style="list-style-type: none"> Build stamina to support pointe technique and more advanced choreography Continue to strengthen technique at the barre 	<ul style="list-style-type: none"> Understanding how to learn longer phrases quickly and efficiently Refine performance skills, including the difference between solo and ensemble work 	<ul style="list-style-type: none"> Expanding on Grow Standards Assess and replicate movement consistently + Understanding how to learn longer phrases quickly and efficiently Maintain a steady rhythm when counting music and learning new repertoire 	<ul style="list-style-type: none"> Expanding on Grow Standards Dance variations from well-known choreography Maintain a steady rhythm throughout the repertoire Using facial expressions and gestures to convey meaning through dance
	Understanding (What do you want students to understand?)	- The importance of building technical skills to grow as a dancer and performer	- How to strengthen the mind and body for stage performances	- Individual's responsibility within an ensemble	- How to prepare and perform for an audience - The value of self-expression
	Skills (What do you want students to be able to do?)	- be able to use the technical aspects of ballet as a tool to help develop as an artist	- to quickly perform an exercise of petite allegro with fast and precise footwork (using glissade, pas de chat, petit jeté, assamblé, brisé, and grand jeté en avant)	- to perform all movements cleanly and with intent	- to demonstrate all movements specifically and with performance quality
	Learning Activities (What will students practice in class?)	- practicing barre (especially while learning: entrechat and royale, and practicing arabesque penchée and gran battement en cloche) + center exercises (promenade, en dedans pirouette) - exercises which travel across the floor (when practicing en manège)	- practicing barre + center exercises (brisé) - traveling across the floor with new phrases (grand jeté en avant)	- putting phrases together - practicing miming techniques	- rehearsing learned choreographic material
	Vocabulary (What shared vocabulary needs to be defined?)	- grand battement en cloche - arabesque penchée - LEARNING: promenade - LEARNING: en dedans pirouette - entrechat - royale - manèges - all previous vocabulary	- LEARNING: grand jeté en avant - LEARNING: brisé - all previous vocabulary	- all previous vocabulary + LEARNING: miming	- all previous vocabulary + miming
	Materials (What will students need to do the work?)	Basic Class Level attire: pink transition tights, split sole pink leather ballet shoes, burgundy THEATRICALS camisole leotard, high bun with pins and a hairnet.	Basic Class Level attire	Basic Class Level attire	Basic Class Level attire + Costumes for our December Show

BALLET 3 (Fall)

Student Assessment Tool

	Date	Students Understand	✓	Students Can	✓	Standard
	Sept 2019	- The importance of building technical skills to grow as a dancer and performer				Grow. 1
	Sept 2019			- be able to use the technical aspects of ballet as a tool to help develop as an artist		Grow. 1
	Oct-19	- How to strengthen the mind and body for stage performances				Grow. 2
	Oct-19			- to quickly perform an exercise of petite allegro with fast and precise footwork (using glissade, brisé, etc.)		Grow. 2
	Nov-19	- Individual's responsibility within an ensemble				Present. 5
	Nov-19			- to perform all movements cleanly and with intent		Present. 5
	Dec-19	- How to prepare and perform for an audience				Present. 6
	Dec-19	- The value of self-expression				Present. 6
	Dec-19			- to demonstrate all movements specifically and with performance quality		Present. 6